

## SPRING '24 WOO WOO SCHEDULE

<b>10:00-11:00am</b>	<b><u>OPENING CEREMONY</u></b>	<i><b>(please arrive on time)</b></i>
<b><u>11:00-12:30pm</u></b>	<b><u>WORKSHOPS i</u></b>	
	Intro to Somatic Forgiveness	Inabel Uytiepo
	Expansion: Alchemizing Fear Into Love	Sophia Fitch
	Making, Empowering & Befriending Power Object pt. 1	Annie Blackstone
	Decompression Breathing & Functional Mobility Exercises	Dr. Melissa Crago
	Alignment is Everything!	Bonnie M. Russell
	Angelic Reiki & Yoga	Patricia V. Wright
	Explore a Past Life (2 hours might go into lunch)	Holly Holmes Meredith
	Energetically Clear Trauma from Your Tissues	Tina Zimmer
<b><u>12:30-1:30pm</u></b>	<b><u>LUNCH + RAFFLE TIME!</u></b>	<i><b>(Please bring your own food)</b></i>
<b><u>1:30-3:00pm</u></b>	<b><u>WORKSHOPS ii</u></b>	
	Awakening Magic Through Hypnosis	Jenny Bitner
	Spiritual Emergence on the Path to Enlightenment	Holly Holmes-Meredith
	How to Find Connect with Your Power Animal	Corey Rothermel
	Qigong Experience the grace and Oneness of the Cosmic Life Source	Kaleo & Elise Ching
	Astral Energy Healing	Mary Haro
	Scavenger Spellcaster Story Time	Maharani Peace
	Tree Yoga & Sound CommUnion	Jósa Goodlife
<b><u>3:00-4:30pm</u></b>	<b><u>WORKSHOPS iii</u></b>	
	Spiritual Intuitive Guidance with The Kaleideron	Kaleideron
	Transformation Journey (Hypnotherapy/Expressive Arts)	Renata Metta Moreira
	Spring Chimes of Transcendent Release	Carmela Obscura
	The Dragon & The Three Treasures	Michael Voigt
	Making, Empowering & Befriending Power Object pt. 2	Annie Blackstone
	Plant Medicine	Marty & Dean Rutherford
	Ancestral Wayfinding for people of the Asian Diaspora	Inabel Uytiepo
<b><u>4:30-5pm</u></b>	<b><u>CLOSING CEREMONY</u></b>	<i><b>(please pick up your trash)</b></i>