

SPRING '24 WOO WOO SCHEDULE

10:00-11:00am	<u>OPENING CEREMONY</u>	<i>(please arrive on time)</i>
<u>11:00-12:30pm</u>	<u>WORKSHOPS i</u>	
	Intro to Somatic Forgiveness	Inabel Uytiepo
	Expansion: Alchemizing Fear Into Love	Sophia Fitch
	Making, Empowering & Befriending Power Object pt. 1	Annie Blackstone
	Decompression Breathing & Functional Mobility Exercises	Dr. Melissa Crago
	Alignment is Everything!	Bonnie M. Russell
	Angelic Reiki & Yoga	Patricia V. Wright
	Explore a Past Life (2 hours might go into lunch)	Holly Holmes Meredith
	Energetically Clear Trauma from Your Tissues	Tina Zimmer
<u>12:30-1:30pm</u>	<u>LUNCH + RAFFLE TIME!</u>	<i>(Please bring your own food)</i>
<u>1:30-3:00pm</u>	<u>WORKSHOPS ii</u>	
	Awakening Magic Through Hypnosis	Jenny Bitner
	Spiritual Emergence on the Path to Enlightenment	Holly Holmes-Meredith
	How to Find Connect with Your Power Animal	Corey Rothermel
	Qigong Experience the grace and Oneness of the Cosmic Life Source	Kaleo & Elise Ching
	Astral Energy Healing	Mary Haro
	Scavenger Spellcaster Story Time	Maharani Peace
	Tree Yoga & Sound CommUnion	Jósa Goodlife
<u>3:00-4:30pm</u>	<u>WORKSHOPS iii</u>	
	Spiritual Intuitive Guidance with The Kaleideron	Kaleideron
	Transformation Journey (Hypnotherapy/Expressive Arts)	Renata Metta Moreira
	Spring Chimes of Transcendent Release	Carmela Obscura
	Nature As A Spiritual Teacher	Maryam Hasnaa
	The Dragon & The Three Treasures	Michael Voigt
	Making, Empowering & Befriending Power Object pt. 2	Annie Blackstone
Plant Medicine	Marty & Dean Rutherford	
	Ancestral Wayfinding for people of the Asian Diaspora	Inabel Uytiepo
<u>4:30-5pm</u>	<u>CLOSING CEREMONY</u>	<i>(please pick up your trash)</i>